

# TERRA LUPA



Field Notes  
SPRING 2026



Welcome to the SPRING 2026  
Edition of TerraLupa Field Notes!

A lot has happened since our first  
edition during the Northern  
Hemisphere Winter.

We've seen a proliferation of  
programmes focusing on bringing  
more regenerative principles to our  
built environment. We've connected  
with practitioners based in Latin  
America, the UK, and in Europe.  
We've continued to grow our  
offering too and clients are starting  
to listen.

Highlights include Kara speaking at  
Living Future's Biophilic Conference,  
and Javier co-facilitating a  
leadership retreat lead by Teal Co.

The best news yet is that the  
**TerraLupa Collective has expanded!**  
Hand in hand with wonderful  
individuals who aligned with what  
we want to co-create in the world  
together.

Read on to find out who they are...



## TERRALUPA COLLECTIVE GROWS... BRINGING TOGETHER A TEAM OF PRACTITIONERS SERIOUS ABOUT REGENERATION

We called out, and they answered...  
with lots of enthusiasm!

*Our Collective expands gradually and with purpose. The group's expertise currently spans a diverse range of fields. This includes architecture, civil engineering, transport engineering, circular economy, human neurology-based biodesign, regenerative finance, human geography, permaculture, building with nature, and sustainable modular construction and design.*


# Soil. Stories. Spirit.

*These three elements are the foundation of how we approach every project and relationship with our clients.*


*This philosophy is how we think, feel, and create.*




**Kara de los Reyes** is a founding partner of TerraLupa, which she brought to life in 2020. A Life-Centred Design Consultant with nearly 20 years' experience in architecture, she has held leadership roles across collaborative design, indigenous people's advocacy, and the arts. She now works at the intersection of built environment practice and ecological regeneration.



**Javier Gras** is a co-founding partner of TerraLupa, establishing it in Spain in 2022. A Civil Engineer with international experience, he specialises in implementing regenerative practices and organises nature-based leadership retreats to foster systemic awareness and team resilience. He also serves as Relationships and Impact Lead for The Bio-Leadership Project.



**Dr Katharina Hecht** (For Nature Construction) is an ecologist and sustainability strategist who connects ecological theory with practical application. Holding a PhD in Environmental Science, she possesses extensive knowledge in ecosystem services, urban resilience, and nature-based solutions.



**Elias Cuello** (For Nature Construction) is a builder and contractor with an architectural background, originally from Argentina. He began honing his skills in childhood, playing with nails, wood, and iron. Elias is trained and specializes in various fields, including electrical systems, mechanical processes, technical drawing, biomimetic architecture, and sustainable design.



**Nuria Muñoz** (Habitarmonia) educates, facilitates, and mentors professionals through regenerative leadership and design, helping them rethink the relationship between nature, neuroscience, and the built environment. She specializes in biophilic and well-being design, regenerative practices, and neuroscience-informed architecture.



**Will Adeney** is a transport engineer, economist and asset management specialist, with 25 years experience of international infrastructure management, with a focus on rail and public transport. Will is also a nature connection mentor, forest school leader and rites of passage facilitator.



**Arus Manvelyan** (Synthera Architecture & Design) is an architect with experience across Europe in residential, commercial, urban, and furniture design. To her, architecture is vital for personal growth, public interaction, and societal transformation, committed to projects aligned with circular economy and regenerative design.



**Luis Garcia** is an environmental specialist with more than 20 years of international experience working with NGOs, international organizations, private companies and public institutions across Europe, Africa, Asia and Latin America. He currently works as a Green, Circular, and Regenerative Economy consultant.

**read more about our collective at [terralupa.com](https://terralupa.com)**



**Susanne Mueller** is an architect with experience across Europe in residential, commercial, urban, and furniture design. To her, architecture is vital for personal growth, public interaction, and societal transformation, committed to projects aligned with circular economy and regenerative design.



**Dr Gemma Jerome** is an environmental planner and Founder/Director (Emeritus) of Building with Nature. She blends strategic policy with heart-centred leadership, using facilitation and systems-thinking to create resilient, multi-species communities. Gemma is dedicated to evidence-based green infrastructure and stewardship, and championing development that serves both people and the planet.



**Kirstin Weeks**, Principal of Bio Studio (California USA) offers innovative, collaborative, climate-positive consulting while bringing to the forefront her passion for ecological restoration and the enhancement of wellbeing and environmental justice through connection to nature for all. She works by sensing into needs of ecosystem and communities.



**Alessandra Pepe** is an architect with two decades of international experience focused on the social and ecological aspects of urban life. She founded Gluck, an urban analytics platform using AI and historical imagery to reveal social and spatial dynamics, and holds a Master's in Human Geography. Passionate about industry change, she aims to link sustainable material innovation with complex project delivery.

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# PROJECT: FORESTS FOR SCHOOL GROUNDS, PHILIPPINES

A school in Muntinlupa, Philippines, recognised the growing concern of children distancing themselves from the outdoors. As children increasingly preferred interactions with devices, the institution decided to reevaluate device access on school grounds.

To rekindle children's love for nature, the school sought ideas, and identified a need for a new playground. TerraLupa conducted collaborative ideation workshops in April with the students to gather wishes and dreams.

The proposed approach is two-fold, through a nature-focused project: first, educating students about climate change and carbon sequestration, and second, co-designing a play space that promotes outdoor engagement through play and creativity. Creating a pocket “Miyawaki” forest is key to the plan - integrating playground elements within the proposed landscaping.

To ensure a resilient future, we must cultivate our children's imagination.

We want to acknowledge and thank TheOtherDada, our friends in Lebanon, for collaborating with us on this work by sharing resources and experience.



# ECHOES FROM THE ECOSYSTEM

## wildHome: Clearing a new path

WildHome is a regenerative development start-up that is building community-owned neighbourhoods. They are currently focused in Pill, North Somerset. With a spirit of experimentation, environmental stewardship, and the belief that development should be brought to life together with the people who live there, they are openly sharing how this approach is emerging.

*“The housing system we rely on was built for a different era and is failing to meet today’s realities. The Pill Pilot project is an opportunity to fundamentally rethink how homes are embedded in the places around them.”*

*(Rob Faulkner, Founding Director)*

They are interested in deepening partnerships, demonstrating value, and building in a way that is responsive to our times.



# What we offer:

## **Project Delivery & Innovation**

Leading projects that help ecosystems thrive through design processes, decisions, and strategies that are rooted in place and in relationship with living elements.

## **Strategy & Consultancy**

Supporting organisations and projects to move beyond sustainability, toward ways of working that build long-term resilience and adaptation.

## **Leadership & Culture Change**

Helping organisations put life at the centre - embedding that principle into the way they lead, decide, and create.

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