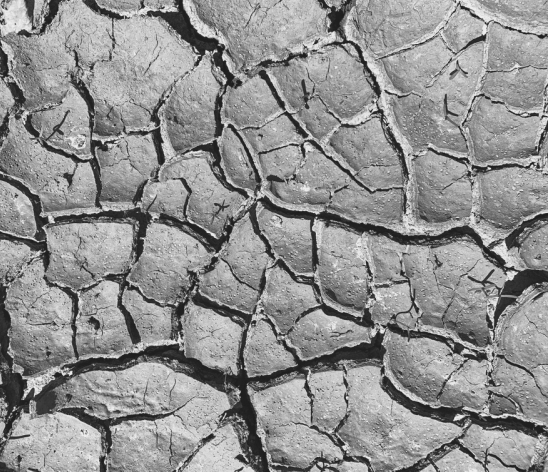


A DIFFERENT FRIDAY MORNING ROUTINE

WALK THE TALK

A NATURE-LED APPROACH TO EXPLORING SUSTAINABILITY



WALKING WORKSHOPS FOR BUILT ENVIRONMENT PROFESSIONALS

As built environment professionals, we play a key role in building climate resilience and planetary wellbeing. We have often approached sustainability through the use of metrics, and statistics, while being siloed within our areas of specialism.

These walking workshops are an opportunity to discuss and challenge current sustainable and regenerative approaches while being guided in nature. The sessions are structured around set themes to encourage deep exploration.

We will learn and reflect on how our everyday decisions impact wider life systems, and together we will build a collective knowledge to inform future decisions in our chosen fields.

[TERRALUPA.COM/WORKSHOPS](https://www.terralupa.com/workshops)



WHO'S IT FOR?

**DECISION-MAKERS. ARCHITECTS. LANDSCAPE ARCHITECTS.
ENGINEERS. SUSTAINABILITY CONSULTANTS. PLANNERS.
BUILT ENVIRONMENT EDUCATORS. LOCAL AUTHORITY.**

- 09:30 **MEET AT CLIFTON SUSPENSION BRIDGE**
Coffee, tea, snacks (more details upon booking)
- 09:45 **OPENING**
Purpose, Guiding Questions & Themes
- 10:00 **WALK BEGINS** (we will make considerations
for anyone with limited mobility)
- 12:00 **WALK ENDS** back at MEETING POINT
Circle Discussions & Feedback
- 12:30 **CLOSING & NEXT STEPS**

**NEXT WALK:
2 DECEMBER
FRIDAY**

**DETAILS
[HERE](#)**

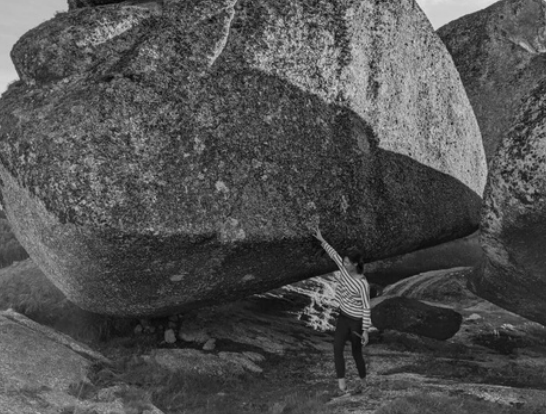
**COME YOURSELF AND/OR INVITE YOUR TEAM
TO WALK TOWARDS PLANETARY WELLBEING.**

**WORKSHOP PILOT
INCLUDES A LIGHT
BREAKFAST,
A COFFEE OR TEA**

**INDIVIDUAL
£10 PER WALK**

**TEAM
£60 PER WALK

LIMITED TO 5-8
PEOPLE
PER TEAM**



HELLO...

I'm Kara. I am passionate about engaging in meaningful conversations and actions on what we need to do (or not do) to create and sustain planetary wellbeing. It would be an honour to share with you my own lived experience, as well as explore various "sustainability-led" world-views together.

I am an architect, strategist and facilitator. I also spend my days growing my own vegetables and flowers, working with organisations that support indigenous communities, and advocating for community engagement - seeding creative spaces in our cities.

As professionals, we need to go beyond simply thinking about "solutions", and engage in co-learning and co-accountability that acknowledge wider life systems.

This is an invitation to leave your desk for a morning, and walk with your team and others to explore how we can make meaningful progress towards planetary wellbeing.

If this calls to you, please reserve your spot by booking [here](#) before **25th November 2022**.

*I look forward to meeting you and/or your team
at the walking workshops!*



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